



THE HOME OF MODERN LUXURY™

PALACE KÄMP Day Spa

DAY SPA TREATMENT MENU

Palace Kämp Day Spa offers a unique day spa experience in the heart of Helsinki. Our comprehensive and tailor-made Spa treatments restore vitality to your skin while pampering your body and soul.

In addition to relaxing day spa treatments, guests can relax in our exquisite sauna department offering 3 different types of sauna: an Italian style grotto steam sauna with the aroma of eucalyptus; a Turkish hammam-style steam bath; and a traditional Finnish sauna. Gently heated relaxation divans complete the unforgettable experience. For reservations please call **+358 (0)9 5761 1330**.

MASSAGE THERAPIES

Thermo Spa (30min)	42 €
Hot Stone massage (50min) (80min) including a facial mask	95 € 135 €
Relaxing Aromatic massage (50min) (80min) including a facial mask	95 € 135 €
Classic or Sports Massage (55min) (85min)	84 € 130 €
Oriental Head Massage (50min)	86 €
Ayurvedic Ayus Lomi massage (for women) First treatment: (90min) Subsequent treatments: (70min)	165 € 135 €
Ki-Flow Massage First treatment Subsequent treatments	138 € 98 €
Relaxing Indian herbal massage (55min) (85min)	105 € 148 €

FACIALS

Deep cleansing (60min)	89 €
Instant GLOW (60min)	105 €
Lift Your Face (60min)	115 €
Classic Facial (50min) (80min)	95 € 130 €
Refreshing Facial with Biodroga Men Sensation Products (80min)	130 €
Medic Skin Facial (80min)	145 €
Microdermabrasion Diamond Peel (50min) (30min)	98 € 68 €
Cleansing Ultrasound facial (50min)	85 €
Pampering Best Age Facial (90min)	158 €
Relaxing Royal Aquamarine Facial (2h)	190 €
Purify Your Skin (1h 50min)	175 €

À LA CARTE FACIAL

The Facial according to your wishes, schedule and needs.

Basic facial (30min) 50 €
+ Treatment elements you choose (10-30min) 15 € - 68 €

The base for À La Carte facial (30min) 50 €
Includes: cleansing, skin analysis, eyebrow trim, exfoliation, a booster ampoule according to skin type and a recommendation for how to take care of your skin at home.

Choose from the following treatment elements

- Microdermabrasion Diamond Peel, deep cleansing and renewing peeling treatment 15min 40 €
- Eye Contour treatment (incl. Microdermabrasion Diamond Peel around the eyes to smooth fine lines and wrinkles) 30min 68 €
- Ampoule ultrasound absorption 5min 10 €
- Deep cleansing, mechanical 30min 30 €
- Deep cleansing, ultrasound 15min 15 €

- Special facial masks (incl. head massage) moisturizing and soothing mask 20min 25 €
- moisturizing anti-ageing mask 20min 25 €
- firming anti-wrinkle mask 30min 30 €
- Cream mask according to skin type (incl. head massage) 15min 15 €
- Relaxing massage: face, neck and shoulders and décolleté 20min 30 €
- Relaxing face massage 10min 15 €

- Tint for eyelashes and eyebrows 30min 25 €
- Make-up 20min 40 €
- Mini Manicure 15min 20 €
- Parafin for Hands 10min 15 €

TREATMENTS FOR HANDS AND FEET

Spa-Pedicure (90min) 135 €
Pedicure (60min) 95 €
Spa-Manicure (90min) 135 €
Manicure (45min) 58 €

MAKE-UP

Day Make-Up (30min) 50 €
Evening Make-Up (45min) 75 €
Make-Up Colour Analysis (30min) 30 €

BODY TREATMENTS

Milk and Honey Body Wrap (40min) 75 €
Pamper Your Body (1h 50min) 185 €
Reshape and Firm Your Body (1h 50min) 185 €
Pure GLOW (60min) 115 €
Detoxing Peat and Honey Wrap (60min) 115 €

FACIAL & BODY TREATMENT COMBINATIONS

Pure Indulgement (3h) 450 €
Big Day -treatment (3h) 275 €
Après Shopping -therapy (3h) 255 €
Mother To Be -treatment (80min) 145 €
Fitness Wrap with relaxing facial (1h 50min) 235 €
Spa Pampering for Face and Body (80 min) 145 €

WAXING AND SUGARING

Back/ Chest/ Stomach 40 € / 50 €
Legs 35 € / 50 €
Legs and Thighs 65 € / 105 €
Bikini line 25 € / 40 €
Armpits 25 € / 35 €
Arms 40 € / 50 €
Brazilian (sugaring, women only) 98 €
Bottom (sugaring women only) 35 €
Upper lip/ Chin (wax) 15 €